



## Focus of this Exploratory Study

- Perceived Intergenerational Factors and Experiences Impacting Children's Mental Health in the Family and School Environments
- Perceptions of and Experiences with the School-Based Mental Health Program that started in Public Schools in 2021
- Perspectives on and Linkages of Child-Adult Relations, Articulations of (In)Justice between Different Generations & Experiences of Psychosocial Healing

- Qualitative: Phenomenological and Narrative
- 3 FGDs & Arts-Based Sessions: Children & Youth (8-19)
- 4 FGDs: Parents, Teachers, Teachers Trained as School Counsellors & Mental Health Professionals
- 4 Individual Interviews: 2 Children/Youth, 2 Parents

- Precarious Livelihoods after the 1994 Genocide against the Tutsi
- Coping with the Loss of Parents, Siblings, and Children
- Intergenerational Trauma and Caretaking Needs
- (Lack of) Parent-Child Communication Today
- Interrelated Physical and Mental Health Issues

- Family Conflicts, and Links to Material Poverty
- Gender Norms & Financial Dependence on Men
- Non-Recognition of Children by (Step)Fathers
- Emotional and Physical Violence in the Family
- Alcohol, Drugs & Perceived Delinquency

- Impact of Socioeconomic Status on Peer Relations
- Adults' Childhood Experiences of School Dropouts
- Intergenerational Concern for Access to Schooling
- Financial Inability and Lack of School Materials
- Gendered Drivers of Girls' Dropouts

- The School Environment as Positive Counterbalance
- Teachers in a Parenting Role
- Insufficient Mental Health Literacy and Awareness
- Experiences of Unequal Treatment, Insults & Caning
- Effects of Teachers' own Mental Health on Children

**Left:** “The ancient elders are who we come from in the family.”



- Central Role of Christian Beliefs & Catholic Institutions
- Mixed Views toward Medical or Conventional Psychological Approaches
- Insufficient Availability and Accessibility of Mental Health Support
- Avoidance of Triggers, Coming to Terms with Past Wrongdoing
- Talking to Friends and Peers as a Support Network
- Intergenerational Healing, Truth-Telling and Family Caretaking
- Hatred from Past Generations, Young People's Sorrow, and the Future
- "Iyo wakize, ukize abandi." – "When you get healed, you heal others."

- Forgiveness, Healing & Justice after the 1994 Genocide against the Tutsi
- Teachers' Recognition of Children's Mental Health Issues as Justice
- Parents' Denial of Children's Rights to Education and Leisure
- Intergenerational Transmission of Cultural Knowledges
- Mutual Respect & Unity in the Family

- Teachers' Change of Perception
- Perceived Reduction of Dropouts
- Effectiveness of Arts-Based Methods
- Wish for Training and Greater Reach

LinkedIn:  
Leander Heblich

